



Manchester Cross Country Ski Club

One Hour Race/Challenge, Northern Roll Series #1 – Preston, Saturday 10th May 2025, lap length 1.6 km

RESULTS

Name	Club	Category	Laps	Distance (km)	Finish time	Avg. speed (km/h)	Northern Roll position
Finley Newton	MCCSC	Junior open	13	20.8	1:02:31	20.0	1st junior open
Rosalind Brown-Grant	MCCSC	Senior female	11	17.6	1:00:49	17.4	1st senior female
Piotr Kepa	MCCSC	Senior open	11	17.6	1:01:33	17.2	1st senior open
Michael Smith	Lakeland	Senior open	11	17.6	1:03:24	16.7	2ndd senior open
Alison Pawley	MCCSC	Senior female	11	17.6	1:04:21	16.4	2nd senior female
David Cox	LRNSC	Senior open	10	16.0	1:00:25	15.9	3rd senior open
Lucas Rhodes	Yorks. Dales	Senior open	10	16.0	1:02:07	15.5	4th senior open
Geoff Hibberd	Yorks. Dales	Senior open	10	16.0	1:04:11	15.0	5th senior open
Andrew Phillips	Yorks. Dales	Senior open	10	16.0	1:04:17	14.9	6th senior open
Martin Appleby	Yorks. Dales	Senior open	9	14.4	1:05:09	13.3	7th senior open
Richard Allen	Yorks. Dales	Senior open	9	14.4	1:07:36	12.8	8th senior open
Sarah Foy	Yorks. Dales	Senior female	8	12.8	1:02:00	12.4	3rd senior female
Emma Seddon	Yorks. Dales	Senior female	8	12.8	1:03:56	12.0	4th senior female
Steve Holloway	MCCSC	Senior open	8	12.8	1:04:47	11.9	9th senior open
Phillipe Jumeau	Lakeland	Senior open	8	12.8	1:06:24	11.6	10th senior open
David Knapp	Yorks. Dale	Senior open	8	12.8	1:07:07	11.4	11th senior open
Alan Mitcham	Tyneside	Senior open	8	12.8	1:07:11	11.4	12th senior open
Andrew Burnett	MCCSC	Senior open	7	11.2	1:03:48	10.5	12th senior open
Judith Coker	MCCSC	Senior female	7	11.2	1:08:14	9.8	5th senior female
Nigel Pawson	MCCSC	Senior open	6	9.6	1:00:00	9.6	14th senior open
Melanie Ashworth-March	MCCSC	Senior female	6	9.6	1:00:40	9.5	6th senior female
Mark Burgess	MCCSC	Senior open	6	9.6	1:06:02	8.7	15th senior open