

Free VO₂ max testing

Dear Athletes,



We're excited to extend an invitation to you all to participate in an exclusive research study that offers a unique opportunity to enhance your athletic performance while contributing to the development of cutting-edge technology.

Why participate? Free VO₂ max and SpO₂ Max Training Session: take advantage of a free, comprehensive assessment of your VO₂ max and SpO max, crucial markers for endurance and cardiovascular efficiency. These sessions are open to people of any age.

Monetary compensation: we highly value your time and participation and offer compensation for your involvement.

Contribute to pioneering research: be part of a study aimed at revolutionizing how oxygen saturation is measured, with a special focus on endurance athletes. Your contribution will help refine a groundbreaking AI-powered smartphone app.

Performance insights: gain actionable insights into your performance metrics that can help optimize your training routines.

Study location: The Altitude Centre, 50 Gun St, London E1 6AH

Session timing: sessions are held on Thursdays and Fridays, extending into the late evening to fit your schedules. The programme will continue for at least three months. Book your session at <https://calendly.com/contact-beaconnects/vo2-max-testing-at-the-altitude-centre>

Participation involves a one-hour session where you'll experience alternating intervals of high-altitude and sea-level air while we collect essential data using our innovative SmartOx app and traditional pulse oximeters.

This research, supported by the National Institute for Health Research (NIHR), and the West Midlands Health Technology Innovation Accelerator (WMHTIA), will not only enhance your training but also contribute to important scientific advancements. If you're interested or have any questions, please feel free to contact us at contact@beaconnects.com.

We look forward to the possibility of your participation in this exciting project!

Best regards,
Beatrice Tawiah