



Manchester Cross Country Ski Club

One Hour Race/Challenge, Northern Roll Series #1 – Preston, Saturday 10th May 2025, lap length 1.6 km

RESULTS

Name	Club	Category	Laps	Distance (km)	Finish time	Avg. speed (km/h)	Northern Roll position
Finley Newton	MCCSC	Senior male	13	20.8	1:02:31	20.0	1st senior male
Rosalind Brown-Grant	MCCSC	Senior female	11	17.4	1:00:49	17.4	1st senior female
Piotr Kepa	MCCSC	Senior male	11	17.6	1:01:33	17.2	2nd senior male
Michael Smith	Lakeland	Senior male	11	16.7	1:03:24	16.7	3rd senior male
Alison Pawley	MCCSC	Senior female	11	17.6	1:04:21	16.4	2nd senior female
David Cox	LRNSC	Senior male	10	16.0	1:00:25	15.9	4th senior male
Lucas Rhodes	Yorks. Dales	Senior male	10	16.0	1:02:07	15.5	5th senior male
Geoff Hibberd	Yorks. Dales	Senior male	10	16.0	1:04:11	15.0	6th senior male
Andrew Phillips	Yorks. Dales	Senior male	10	16.0	1:04:17	14.9	7th senior male
Martin Appleby	Yorks. Dales	Senior male	9	14.4	1:05:09	13.3	8th senior male
Richard Allen	Yorks. Dales	Senior male	9	14.4	1:07:36	12.8	9th senior male
Sarah Foy	Yorks. Dales	Senior female	8	12.8	1:02:00	12.4	3rd senior female
Emma Seddon	Yorks. Dales	Senior female	8	12.8	1:03:56	12.0	4th senior female
Steve Holloway	MCCSC	Senior male	8	12.8	1:04:47	11.9	10th senior male
Phillipe Jumeau	Lakeland	Senior male	8	12.8	1:06:24	11.6	11th senior male
David Knapp	Yorks. Dale	Senior male	8	12.8	1:07:07	11.4	12th senior male
Alan Mitcham	Tyneside	Senior male	8	12.8	1:07:11	11.4	13th senior male
Andrew Burnett	MCCSC	Senior male	7	11.2	1:03:48	10.5	14th senior male
Judith Coker	MCCSC	Senior male	7	11.2	1:08:14	9.8	5th senior female
Nigel Pawson	MCCSC	Senior male	6	9.6	1:00:00	9.6	15th senior male
Melanie Ashworth-March	MCCSC	Senior female	6	9.6	1:00:40	9.5	6th senior female
Mark Burgess	MCCSC	Senior male	6	9.6	1:06:02	8.7	16th senior male