

**LRNSC 2 HOUR CHALLENGE – 14.6.2026 – any roller skis permitted**

Pos.	Name	Club	Class	No. of laps	Distance (km)	Total time	Avg. speed	Best lap time	Best speed	On lap	Category	Cat. position
1	Grzegorz Fijalkowski	CBNSC	S18+ M	36	54.0	2:02:57	26.35	3:03.9	29.37	1	Senior	1st M senior
2	Szymon Orłowski	LRNSC	S18+ M	36	54.0	2:03:42	26.19	3:03.7	29.39	1	Senior	2nd M senior
4	Beata Nowok	CBNSC	S18+ F	29	43.5	2:01:20	21.51	4:02.5	22.27	17	V40+	1st F 40+
4	Adam Pinney	LRNSC	S18+ M	29	43.5	2:03:11	21.19	3:55.3	23.00	1	SV60+	1st M 60+
5	Grzegorz Stasik	LRNSC	S18+ M	28	42.0	2:01:39	20.71	4:00.7	22.43	4	V40+	1st M 40+
6	Christopher Richards	LRNSC	S18+ M	27	40.5	2:03:35	19.66	4:06.5	21.90	12	SV60+	2nd M 60+
7	Jason James	LRNSC	S18+ M	27	40.5	02:04:49	19.47	4:04.9	22.05	1	Senior	3rd M senior
8	Kieren Jarratt	LRNSC	S18+ M	26	39.0	02:00:11	19.47	4:13.3	21.32	1	V40+	2nd M 40+
9	Gerard Evans	LRNSC	S18+ M	25	37.5	02:03:27	18.23	4:27.3	20.21	4	V60+	3rd M 60+
10	Christoph Zinner	LRNSC	S18+ M	24	36.0	02:04:44	17.32	4:42.1	19.14	23	V40+	3rd M 40+
11	Tom Harvey	RAF	S18+ M	22	33.0	02:02:25	16.18	4:19.0	20.85	1	Senior	4th M senior
12	David Cox	LRNSC	S18+ M	17	25.5	01:56:23	13.15	6:05.4	14.78	2	V40+	4th M 40+
13	Mary Wray	LRNSC	S18+ F	16	24.0	02:07:34	11.29	6:41.4	13.45	2	SV60+	1st F 60+
14	Jordan Andrews	BNSD	S18+ M	15	22.5	01:19:46	16.92	3:56.2	22.86	1	Senior	5th M senior
15	Anders Soderback	LRNSC	S18+ M	14	21.0	01:58:45	10.61	5:56.6	15.14	2	SV60+	4th M 60+
16	Alison Mckinlay	LRNSC	S18+ F	12	18.0	01:56:36	9.26	6:52.0	13.11	2	V40+	1st F 40+
17	Pauline Styles	LRNSC	S18+ F	12	18.0	01:59:31	9.04	8:35.1	10.48	2	SV60+	2nd F 60+
18	Glennis Dore	LRNSC	S18+ F	11	16.5	01:39:22	9.96	9:03.6	9.90	5	SV60+	3rd F 60+
19	Lydia Hann	LRNSC	S18+ F	9	13.5	01:55:25	7.01	10:49.1	8.32	3	Senior	1st F senior

**LRNSC 1 HOUR CHALLENGE – 14.6.2026 – any roller skis permitted**

Pos.	Name	Club	Class	No. of laps	Distance (km)	Total time	Avg. speed	Best lap time	Best speed	In lap	Category	Cat. position
1	Lucas Evans <sup>1</sup>	BNDS	U18 M	12	18.0	01:01:25	17.58	4:17.43	20.98	1	U18	1st U18 M
2	Cedric McConnell	BNDS	U14 M	11	16.5	01:00:50	16.28	4:51.86	18.50	11	U14	1st U14 M
3	Alexander Williams	BNDS	U14 M	11	16.5	01:00:53	16.26	4:51.70	18.51	11	U14	1st U14 M
4	Beatrix Evans	LRNSC	U14 F	11	16.5	01:01:22	16.13	5:16.79	17.05	11	U14	1st U14 F
5	Alexander Evans	BNDS	U14 M	11	16.5	01:03:15	15.65	5:15.86	17.10	4	U14	3rd U14 M
6	Michael Jarratt <sup>1</sup>	BNDS	U18 M	11	16.5	01:04:21	15.38	4:50.45	18.59	6	U18	2nd U18 M

1) After the 1 hour, Lucas completed a further 4 laps and Michael and further 10 laps. No times are available for these additional laps.

See below for lap times.

Time of day	Lap	Lap time	Speed	Time of day	Lap	Lap time	Speed
<b>GREGOR FIJALKOWSKI – S18+</b>				<b>SZYMON ORLOWSKI – S18+</b>			
10:06:34	1	3:03.87	29.37	10:06:35	1	3:03.75	29.39
10:09:47	2	3:12.82	28.01	10:09:47	2	3:12.76	28.01
10:13:05	3	3:18.09	27.26	10:13:05	3	3:18.07	27.26
10:16:24	4	3:19.16	27.11	10:16:25	4	3:19.35	27.09
10:19:38	5	3:13.81	27.86	10:19:38	5	3:12.91	27.99
10:22:57	6	3:19.32	27.09	10:22:57	6	3:19.35	27.09
10:26:18	7	3:20.56	26.92	10:26:18	7	3:20.66	26.91
10:29:38	8	3:19.96	27.01	10:29:38	8	3:20.61	26.92
10:33:00	9	3:21.94	26.74	10:33:01	9	3:22.83	26.62
10:36:22	10	3:22.14	26.72	10:36:22	10	3:21.01	26.86
10:39:51	11	3:28.59	25.89	10:39:51	11	3:28.86	25.86
10:43:17	12	3:26.43	26.16	10:43:17	12	3:26.36	26.17
10:46:43	13	3:26.25	26.18	10:46:44	13	3:26.22	26.19
10:50:12	14	3:28.50	25.90	10:50:11	14	3:27.82	25.98
10:53:39	15	3:27.67	26.00	10:53:39	15	3:27.45	26.03
10:57:04	16	3:24.26	26.44	10:57:03	16	3:24.42	26.42
11:00:33	17	3:29.33	25.80	11:00:33	17	3:29.32	25.80
11:03:56	18	3:23.14	26.58	11:03:56	18	3:23.52	26.53
11:07:21	19	3:25.19	26.32	11:07:22	19	3:25.68	26.25
11:10:47	20	3:25.82	26.24	11:10:47	20	3:25.78	26.24
11:14:13	21	3:25.37	26.29	11:14:13	21	3:25.37	26.29
11:17:38	22	3:25.52	26.28	11:17:38	22	3:25.48	26.28
11:21:08	23	3:30.15	25.70	11:21:07	23	3:28.97	25.84
11:24:44	24	3:36.03	25.00	11:24:45	24	3:37.21	24.86
11:28:07	25	3:22.41	26.68	11:28:07	25	3:22.39	26.68
11:31:31	26	3:24.15	26.45	11:31:31	26	3:24.02	26.47
11:34:58	27	3:27.47	26.03	11:34:58	27	3:27.03	26.08
11:38:25	28	3:26.74	26.12	11:38:25	28	3:26.69	26.13
11:41:58	29	3:32.54	25.41	11:41:57	29	3:32.55	25.41
11:45:36	30	3:37.97	24.77	11:45:35	30	3:38.02	24.77
11:48:59	31	3:23.94	26.48	11:49:00	31	3:24.45	26.41
11:52:24	32	3:24.90	26.35	11:52:25	32	3:24.95	26.35
11:55:55	33	3:30.67	25.63	11:55:55	33	3:30.67	25.63
11:59:28	34	3:33.05	25.35	11:59:28	34	3:33.11	25.34
12:02:56	35	3:28.29	25.93	12:02:57	35	3:28.47	25.90
12:06:15	36	3:18.38	27.22	12:07:00	36	4:03.24	22.20

Time of day	Lap	Lap time	Speed	Time of day	Lap	Lap time	Speed
<b>BEATA NOWOK – S18+</b>				<b>ADAM PINNEY – S18+</b>			
10:07:35	1	4:04.03	22.13	10:07:26	1	3:55.28	22.95
10:11:46	2	4:10.31	21.57	10:11:34	2	4:08.18	21.76
10:15:52	3	4:06.53	21.90	10:15:43	3	4:08.38	21.74
10:19:56	4	4:03.64	22.16	10:19:44	4	4:01.64	22.35
10:24:06	5	4:10.29	21.58	10:23:51	5	4:06.24	21.93
10:28:14	6	4:07.91	21.78	10:27:56	6	4:05.76	21.97
10:32:21	7	4:06.74	21.89	10:32:07	7	4:10.24	21.58
10:36:26	8	4:05.04	22.04	10:36:15	8	4:08.77	21.71
10:40:34	9	4:08.34	21.75	10:40:33	9	4:17.19	21.00
10:44:38	10	4:04.23	22.11	10:44:37	10	4:04.49	22.09
10:48:45	11	4:06.68	21.89	10:48:45	11	4:07.61	21.81
10:52:51	12	4:06.33	21.92	10:52:52	12	4:07.52	21.82
10:57:00	13	4:08.67	21.72	10:56:58	13	4:05.34	22.01
11:01:11	14	4:11.17	21.50	11:01:11	14	4:13.03	21.34
11:05:23	15	4:11.42	21.48	11:05:22	15	4:10.95	21.52
11:09:44	16	4:21.04	20.69	11:09:43	16	4:21.61	20.64
11:13:46	17	4:02.46	22.27	11:13:57	17	4:14.10	21.25
11:17:59	18	4:12.36	21.40	11:18:14	18	4:16.22	21.08
11:22:24	19	4:24.93	20.38	11:22:31	19	4:17.64	20.96
11:26:37	20	4:13.15	21.33	11:26:38	20	4:06.66	21.89
11:30:48	21	4:11.26	21.49	11:30:47	21	4:09.44	21.65
11:35:04	22	4:16.04	21.09	11:35:03	22	4:16.22	21.08
11:39:23	23	4:19.33	20.82	11:39:26	23	4:22.01	20.61
11:43:31	24	4:08.01	21.77	11:43:50	24	4:24.20	20.44
11:47:42	25	4:10.32	21.57	11:48:16	25	4:25.87	20.31
11:51:56	26	4:14.06	21.26	11:52:42	26	4:26.46	20.27
11:56:08	27	4:12.40	21.39	11:57:16	27	4:33.72	19.73
12:00:19	28	4:11.05	21.51	12:01:55	28	4:38.98	19.36
12:04:38	29	4:19.32	20.82	12:06:29	29	4:34.55	19.67

Time of day	Lap	Lap time	Speed	Time of day	Lap	Lap time	Speed
<b>GRZEGORZ STASIK – S18+</b>				<b>CHRIS RICHARDS – S18+</b>			
10:07:41	1	4:08.44	21.74	10:07:54	1	4:22.77	20.55
10:11:46	2	4:05.26	22.02	10:12:15	2	4:20.78	20.71
10:15:50	3	4:02.97	22.23	10:16:45	3	4:29.48	20.04
10:19:50	4	4:00.73	22.43	10:21:06	4	4:20.88	20.70
10:23:56	5	4:05.81	21.97	10:25:38	5	4:32.56	19.81
10:28:07	6	4:10.67	21.54	10:30:11	6	4:32.94	19.79
10:32:20	7	4:13.71	21.28	10:34:46	7	4:34.96	19.64
10:36:29	8	4:08.30	21.75	10:39:11	8	4:25.30	20.35
10:40:36	9	4:07.52	21.82	10:43:36	9	4:24.97	20.38
10:44:40	10	4:03.82	22.15	10:48:09	10	4:32.77	19.80
10:48:46	11	4:06.15	21.94	10:52:50	11	4:41.03	19.22
10:53:02	12	4:15.37	21.15	10:57:09	12	4:18.86	20.86
10:57:21	13	4:19.38	20.82	11:01:41	13	4:32.22	19.84
11:01:47	14	4:26.31	20.28	11:06:14	14	4:32.72	19.80
11:06:15	15	4:27.46	20.19	11:10:52	15	4:37.77	19.44
11:10:42	16	4:26.87	20.24	11:15:29	16	4:37.30	19.47
11:15:06	17	4:24.33	20.43	11:20:03	17	4:34.07	19.70
11:19:28	18	4:22.39	20.58	11:24:36	18	4:32.99	19.78
11:23:56	19	4:27.94	20.15	11:29:13	19	4:37.46	19.46
11:28:23	20	4:26.96	20.23	11:33:54	20	4:40.43	19.26
11:32:49	21	4:25.71	20.32	11:38:33	21	4:39.03	19.35
11:37:27	22	4:38.19	19.41	11:43:16	22	4:43.45	19.05
11:42:08	23	4:41.01	19.22	11:48:02	23	4:45.95	18.88
11:46:46	24	4:38.32	19.40	11:52:55	24	4:52.50	18.46
11:51:17	25	4:30.27	19.98	11:57:48	25	4:53.25	18.41
11:55:52	26	4:35.31	19.61	12:02:47	26	4:58.68	18.08
12:00:29	27	4:37.51	19.46	12:06:53	27	4:06.49	21.91
12:04:57	28	4:27.38	20.20				

Time of day	Lap	Lap time	Speed	Time of day	Lap	Lap time	Speed
<b>JASON JAMES – S18+</b>				<b>KIEREN JARRATT – S18+</b>			
10:07:35	1	4:04.89	22.05	10:07:45	1	4:13.28	21.321
10:11:49	2	4:13.75	21.28	10:12:06	2	4:20.82	20.70
10:16:10	3	4:21.11	20.68	10:16:25	3	4:19.83	20.78
10:20:23	4	4:13.32	21.32	10:20:46	4	4:21.04	20.69
10:24:44	5	4:20.46	20.73	10:25:17	5	4:30.52	19.96
10:29:03	6	4:18.95	20.85	10:29:39	6	4:22.05	20.61
10:33:25	7	4:21.65	20.64	10:34:13	7	4:34.27	19.69
10:37:47	8	4:22.86	20.54	10:39:16	8	5:02.62	17.84
10:42:05	9	4:17.79	20.95	10:43:47	9	4:31.54	19.89
10:46:28	10	4:23.00	20.53	10:48:20	10	4:32.82	19.79
10:50:52	11	4:23.26	20.51	10:52:58	11	4:37.35	19.47
10:55:22	12	4:30.93	19.93	10:57:28	12	4:30.34	19.98
11:00:00	13	4:37.29	19.47	11:02:00	13	4:31.69	19.88
11:04:35	14	4:35.16	19.63	11:06:36	14	4:36.43	19.54
11:09:15	15	4:39.92	19.29	11:11:48	15	5:11.64	17.33
11:13:52	16	4:37.14	19.49	11:16:28	16	4:40.24	19.27
11:18:36	17	4:44.19	19.00	11:21:05	17	4:36.86	19.51
11:23:21	18	4:45.31	18.93	11:25:40	18	4:34.89	19.64
11:28:08	19	4:47.11	18.81	11:30:19	19	4:39.04	19.35
11:32:59	20	4:50.11	18.61	11:34:55	20	4:36.40	19.54
11:37:58	21	4:59.19	18.05	11:40:09	21	5:13.33	17.23
11:43:02	22	5:04.33	17.74	11:45:01	22	4:52.20	18.48
11:48:02	23	4:59.77	18.01	11:49:42	23	4:41.73	19.17
11:53:03	24	5:00.93	17.95	11:54:27	24	4:44.60	18.97
11:58:04	25	5:01.09	17.94	11:59:06	25	4:39.04	19.35
12:03:05	26	5:01.03	17.94	12:03:29	26	4:23.09	20.53
12:08:07	27	5:02.10	17.88				

Time of day	Lap	Lap time	Speed	Time of day	Lap	Lap time	Speed
<b>GERARD EVANS – S18+</b>				<b>CHRISTOPH ZINNER – S18+</b>			
10:08:36	1	5:03.62	17.79	10:08:42	1	5:09.25	17.46
10:13:31	2	4:54.26	18.35	10:13:33	2	4:51.33	18.54
10:18:15	3	4:44.32	18.99	10:18:18	3	4:44.37	18.99
10:22:42	4	4:27.25	20.21	10:23:12	4	4:53.74	18.38
10:27:26	5	4:43.49	19.05	10:28:04	5	4:52.11	18.49
10:32:12	6	4:46.68	18.84	10:32:58	6	4:54.74	18.32
10:36:58	7	4:45.10	18.94	10:37:41	7	4:42.45	19.12
10:41:32	8	4:34.43	19.68	10:42:32	8	4:51.66	18.52
10:46:20	9	4:47.94	18.75	10:47:25	9	4:52.24	18.48
10:51:10	10	4:50.06	18.62	10:52:31	10	5:06.13	17.64
10:56:05	11	4:55.35	18.28	10:57:31	11	4:59.82	18.01
11:01:02	12	4:56.29	18.23	11:02:33	12	5:02.11	17.87
11:06:08	13	5:06.12	17.64	11:07:41	13	5:08.52	17.50
11:11:11	14	5:03.28	17.81	11:14:22	14	6:40.95	13.47
11:16:21	15	5:09.85	17.43	11:19:31	15	5:08.36	17.51
11:21:31	16	5:09.98	17.42	11:24:44	16	5:13.95	17.20
11:26:38	17	5:06.56	17.62	11:29:56	17	5:11.08	17.36
11:31:25	18	4:47.51	18.78	11:35:03	18	5:07.90	17.54
11:36:20	19	4:55.51	18.27	11:40:34	19	5:30.90	16.32
11:41:17	20	4:56.47	18.21	11:46:20	20	5:45.61	15.63
11:46:22	21	5:04.97	17.71	11:51:49	21	5:28.56	16.44
11:51:14	22	4:51.65	18.52	11:57:29	22	5:40.43	15.86
11:56:13	23	4:59.95	18.00	12:02:11	23	4:42.11	19.14
12:01:24	24	5:10.36	17.40	12:08:02	24	5:50.79	15.39
12:06:45	25	5:20.70	16.84				

Time of day	Lap	Lap time	Speed	Time of day	Lap	Lap time	Speed
<b>TOM HARVEY – S18+</b>				<b>DAVID COX – S18+</b>			
10:07:51	1	4:18.98	20.85	10:09:41	1	6:06.64	14.73
10:12:24	2	4:32.38	19.83	10:15:46	2	6:05.40	14.78
10:17:08	3	4:44.66	18.97	10:21:54	3	6:07.59	14.69
10:21:51	4	4:42.33	19.13	10:28:22	4	6:28.31	13.91
10:26:38	5	4:47.21	18.80	10:34:51	5	6:29.10	13.88
10:31:29	6	4:51.33	18.54	10:41:33	6	6:42.39	13.42
10:36:31	7	5:01.33	17.92	10:48:19	7	6:45.54	13.32
10:42:26	8	5:55.74	15.18	10:55:02	8	6:43.30	13.39
10:47:32	9	5:05.88	17.65	11:01:46	9	6:43.38	13.39
10:52:48	10	5:16.19	17.08	11:08:43	10	6:57.41	12.94
10:58:53	11	6:04.86	14.80	11:15:31	11	6:47.61	13.25
11:04:08	12	5:14.73	17.16	11:22:38	12	7:07.44	12.63
11:09:35	13	5:27.02	16.51	11:29:35	13	6:57.30	12.94
11:15:08	14	5:32.79	16.23	11:36:31	14	6:55.52	13.00
11:21:13	15	6:05.35	14.78	11:43:52	15	7:20.74	12.25
11:26:30	16	5:16.49	17.06	11:51:06	16	7:14.05	12.44
11:32:01	17	5:31.58	16.29	11:59:41	17	8:35.37	10.48
11:38:23	18	6:22.23	14.13				
11:44:16	19	5:53.11	15.29				
11:51:50	20	7:33.18	11.92				
11:58:04	21	6:14.18	14.43				
12:05:43	22	7:39.04	11.76				

Time of day	Lap	Lap time	Speed	Time of day	Lap	Lap time	Speed
<b>MARY WRAY – S18+</b>				<b>JORDAN ANDREWS – S18+</b>			
10:10:24	1	6:49.23	13.20	10:07:29	1	3:56.24	22.86
10:17:06	2	6:41.38	13.45	10:11:54	2	4:25.51	20.34
10:23:49	3	6:43.40	13.39	10:16:26	3	4:31.83	19.87
10:30:46	4	6:57.25	12.94	10:21:12	4	4:45.93	18.89
10:38:13	5	7:26.62	12.09	10:26:16	5	5:03.90	17.77
10:45:29	6	7:15.73	12.39	10:31:16	6	5:00.29	17.98
10:53:48	7	8:20.00	10.80	10:36:29	7	5:12.46	17.28
11:01:24	8	7:35.06	11.86	10:41:40	8	5:11.05	17.36
11:09:06	9	7:42.10	11.69	10:46:31	9	4:51.71	18.51
11:17:46	10	8:40.13	10.38	10:50:52	10	4:20.60	20.72
11:26:16	11	8:30.12	10.59	10:55:33	11	4:41.62	19.18
11:34:21	12	8:05.52	11.12	11:01:55	12	6:21.26	14.16
11:42:43	13	8:21.59	10.77	11:07:25	13	5:30.40	16.34
11:51:28	14	8:44.96	10.29	11:13:06	14	5:40.49	15.86
12:01:32	15	10:03.63	8.95	11:23:04	15	9:58.80	9.02
12:10:52	16	9:20.15	9.64				
Time of day	Lap	Lap time	Speed	Time of day	Lap	Lap time	Speed
<b>ANDERS SODERBACK – S18+</b>				<b>ALISON MCKINLAY – S18+</b>			
10:19:37	1	6:00.322	14.987	10:10:27	1	6:52.20	13.10
10:25:34	2	5:56.608	15.143	10:17:19	2	6:51.95	13.11
10:32:33	3	6:58.379	12.907	10:24:35	3	7:16.10	12.38
10:39:53	4	7:20.647	12.255	10:33:06	4	8:30.42	10.58
10:48:01	5	8:08.071	11.064	10:42:45	5	9:38.85	9.33
10:55:36	6	7:34.645	11.877	10:52:00	6	9:15.41	9.72
11:04:37	7	9:01.055	9.981	11:02:59	7	10:58.68	8.20
11:12:20	8	7:42.571	11.674	11:13:04	8	10:05.08	8.92
11:28:11	9	15:51.081	5.678	11:32:40	9	19:36.09	4.59
11:36:57	10	8:46.295	10.26	11:42:53	10	10:12.80	8.81
11:43:02	11	6:04.830	14.801	11:51:42	11	8:49.16	10.21
11:49:06	12	6:04.343	14.821	11:59:54	12	8:12.35	11.00
11:55:33	13	6:26.564	13.969				
12:02:03	14	6:30.505	13.828				

Time of day	Lap	Lap time	Speed	Time of day	Lap	Lap time	Speed
<b>PAULINE STYLES – S18+</b>				<b>GLENNIS DORE – S18+</b>			
10:12:25	1	8:49.14	10.22	10:12:49	1	9:12.89	9.77
10:21:00	2	8:35.12	10.48	10:22:40	2	9:50.76	9.14
10:30:27	3	9:26.09	9.54	10:32:28	3	9:48.07	9.18
10:39:35	4	9:08.07	9.85	10:42:49	4	10:21.86	8.68
10:48:51	5	9:16.18	9.71	10:51:53	5	9:03.58	9.93
11:00:48	6	11:57.35	7.53	11:02:06	6	10:12.71	8.81
11:10:27	7	9:39.31	9.32	11:12:32	7	10:25.65	8.63
11:21:18	8	10:50.63	8.30	11:22:15	8	9:43.62	9.25
11:30:41	9	9:23.26	9.59	11:30:38	9	8:22.79	10.74
11:42:39	10	11:57.16	7.53	11:39:29	10	8:50.69	10.18
11:51:50	11	9:11.54	9.79	11:42:40	11	3:11.38	28.22*
12:02:49	12	10:59.13	8.19	* Under review.			
Time of day	Lap	Lap time	Speed				
<b>LYDIA HANN – S18+</b>							
10:15:25	1	11:46.49	7.64				
10:27:03	2	11:37.96	7.74				
10:37:52	3	10:49.11	8.32				
10:49:38	4	11:46.28	7.65				
11:01:49	5	12:10.57	7.39				
11:14:52	6	13:03.22	6.90				
11:32:12	7	17:19.51	5.20				
11:44:51	8	12:39.79	7.11				
11:58:43	9	13:51.27	6.50				

Time of day	Lap	Lap time	Speed	Time of day	Lap	Lap time	Speed
<b>LUCAS EVANS – U18</b>				<b>CEDRIC MCCONNELL – U14</b>			
10:07:48	1	4:17.43	20.98	10:08:41	1	5:07.04	17.59
10:12:40	2	4:51.60	18.52	10:14:27	2	5:46.35	15.59
10:17:54	3	5:14.74	17.16	10:19:47	3	5:20.26	16.86
10:22:57	4	5:02.23	17.87	10:25:14	4	5:26.20	16.55
10:28:03	5	5:06.31	17.63	10:31:28	5	6:14.75	14.41
10:32:57	6	4:53.95	18.37	10:36:53	6	5:24.34	16.65
10:37:43	7	4:46.41	18.85	10:42:21	7	5:28.11	16.46
10:42:40	8	4:56.85	18.19	10:48:12	8	5:51.27	15.37
10:48:21	9	5:40.81	15.85	10:53:52	9	5:40.31	15.87
10:53:40	10	5:18.55	16.95	10:59:16	10	5:23.49	16.69
10:59:00	11	5:20.02	16.87	11:04:08	11	4:51.86	18.50
11:04:43	12	5:43.77	15.71				
Time of day	Lap	Lap time	Speed	Time of day	Lap	Lap time	Speed
<b>ALEXANDER WILLIAMS – U14</b>				<b>BEATRIX EVANS – U14</b>			
10:08:56	1	5:22.87	16.73	10:08:58	1	5:23.52	16.69
10:14:32	2	5:36.62	16.04	10:14:35	2	5:37.52	16.00
10:19:59	3	5:26.28	16.55	10:20:03	3	5:27.60	16.48
10:25:32	4	5:33.17	16.21	10:25:37	4	5:34.32	16.15
10:31:15	5	5:43.54	15.72	10:31:33	5	5:55.77	15.18
10:36:44	6	5:28.77	16.43	10:36:54	6	5:20.50	16.85
10:42:16	7	5:31.31	16.30	10:42:27	7	5:33.17	16.21
10:48:30	8	6:14.90	14.40	10:48:33	8	6:06.25	14.74
10:53:57	9	5:26.56	16.54	10:53:56	9	5:22.69	16.73
10:59:20	10	5:22.68	16.74	10:59:23	10	5:27.23	16.50
11:04:11	11	4:51.70	18.51	11:04:40	11	5:16.79	17.05
Time of day	Lap	Lap time	Speed	Time of day	Lap	Lap time	Speed
<b>ALEXANDER EVANS – U14</b>				<b>MICHAEL JARRATT – U18</b>			
10:09:03	1	5:30.71	16.33	10:08:52	1	5:19.58	16.90
10:14:39	2	5:36.03	16.07	10:14:45	2	5:53.05	15.30
10:20:54	3	6:15.10	14.40	10:20:24	3	5:39.09	15.93
10:26:10	4	5:15.86	17.10	10:26:20	4	5:56.01	15.17
10:31:27	5	5:17.73	17.00	10:32:58	5	6:37.73	13.58
10:36:54	6	5:26.53	16.54	10:37:48	6	4:50.45	18.59
10:42:30	7	5:35.56	16.09	10:43:11	7	5:23.07	16.71
10:48:12	8	5:42.68	15.76	10:48:31	8	5:19.75	16.89
10:54:05	9	5:52.32	15.33	10:54:47	9	6:16.00	14.36
11:00:17	10	6:12.67	14.49	11:01:54	10	7:07.42	12.63
11:06:33	11	6:15.97	14.36	11:07:39	11	5:44.97	15.65